

Add some zest to your garden.



# Why We Love Chives

In the same family as garlic, onions, and shallots, chives are a mainstay in most herb gardens. Great for beginners, chives provide a plentiful, delicious harvest with very little maintenance. With a similar aroma and flavour profile as onion, they are also very versatile in the kitchen. Rich in flavonoid antioxidants, this great herb also helps promote heart health, protect against cancer, and fight inflammation.

#### **Varieties**

- Fine Leaf Chives Thinner, smaller, and a good choice for fresh use.
- Purly Chives Thicker leaves and is a little more productive.
- Staro Chives Large, thick-leafed variety that's better for freezing or drying.
- Nira Chives Big, bulky plants that grow upright for ease of harvesting.
- Garlic Chives Attractive, edible flowers that bloom in midsummer and make a great addition to bouquets.

### What You'll Need

- · Tower Garden Growing System
- Seeds included in your <u>Seedling Starter Kit</u>
- · Net Pots
- LED Indoor Grow Lights (for indoor growing)
- Access to power source

### **Directions**

- 1. Germinate your seeds. This step will take roughly 1-2 weeks. Chives seeds should be ready for transplant (about 1–2 weeks) when they have a good root system growing from the rock fiber cubes.
- 2. Place one seedling cube into each net pot on your Tower Garden Growing System. We recommend planting chives **near the top of your Tower Garden**.
- 3. Gently press the seedling cube until it touches the base of the net pot.

GROWING INFORMATION

## Chives

DIFFICULTY



INDOOR VS. OUTDOOR

#### **Both**

TIME TO HARVEST

2-3 weeks

**BEST TOWER POSITION** 

Top



## **Growing Conditions**

Temperature: 10°C-27°C

Light

For outdoor – minimum 6-8 hours of full sunlight daily For indoor – set grow light timer for 14-16 hours on, 8-10 hours off

#### **Watering Cycle**

Please set the Tower timer to "O" for outdoor growing or "I" for indoor growing.



#### **Maintenance & Pest Prevention**

- · Check water and pH levels at least weekly.
- Keep roots away from pump.
- If not in full sun when outdoors, rotate garden regularly for even growing.
- · Clean pump monthly.
- Check regularly for pests.
- Remove or dispose of any dead or diseased plant material.



#### Harvesting

- You can harvest chive leaves once your established plants are 15cm tall.
- To harvest, use scissors to simply cut the leaves, leaving 6cm of plant material.
- Don't cut all the leaves of a clump of plants off at one time: stick to no more than half. This allows that same clump of plants to be cut over and over again throughout the growing season.
- Before the plants flower, harvest from the outside edges of the clumps.
- Cut your chive plants regularly to encourage new bulblets to develop and to prevent leaves from becoming tough and flowers from forming.
- You can dry them, but chives are most flavourful when used fresh.
- Extra chives? Freeze them for later. Simply chop up washed leaves into small pieces and freeze them in containers.
- Garlic chives regenerate faster than common chives after harvesting and are better able to withstand multiple harvests and hard cutbacks. You'll want to harvest these plants every 3–8 weeks, depending on the time of year.



## Ways to Enjoy

- Make Butter Simply soften butter, mix in with diced chives, wrap in parchment paper, then store in the fridge to harden. Tastes great on biscuits, breads, and baked potatoes.
- Pesto Incorporate chives into your pesto recipe to enhance your next pasta dish.
- Salads Sprinkle chives on top of your favourite salads for added flavour.

For more information about growing chives, please visit towergarden.com.









